

**SUPPLEMENTARY INFORMATION****Overview and Scrutiny Committee****27 June 2023**

Agenda Item Number	Page	Title	Officer Responsible
6.	(Pages 3 - 12)	FAST Programme Review – presentation given at the meeting, and 'You Move' flyer with sign up instructions	Sport and Physical Activity Manager
7.	(Pages 13 - 14)	Overview of the Housing Register – presentation given at the meeting	Head of Housing

If you need any further information about the meeting please contact Emma Faulkner, Democratic and Elections democracy@cherwell-dc.gov.uk, 01295 221534

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F.A.S.T.

Families Active, Sporting Together



What was FAST?

- Made it easier for Families to be physically active together **3250 families on programme 7290 individuals**
- Provide families with positive experiences of physical activity and connection community
- Targeting areas of inequalities
- Wider messages around health and wellbeing to large audience
- Evidence based evaluation and insight to adapt programme
- Sport England funded **£590k external funding**
- Changed family provision across Oxfordshire rolled out Countywide “You Move”



How FAST worked

- Accessible and Affordable
- Post code checker & online registration
- Targeted referral from partners
- FAST card & incentives
- School & Community delivery



Impact / Results



- **3250 Families, 7290 Individuals**
- 115 different opportunities available – Eg Swimming 5000 attendances , Climbing 2200 attendances
- 4800 FREE activities in schools and parks
- 38% increase in physical activity in young people on FAST
- 28% increase in physical activity from Adults on FAST
- 83% of Adults and Children agree FAST has helped spend time together as family
- 48% said their wellbeing was much better due to sessions.

“FAST has changed how we think about physical activity. My little girl especially, she is only 4 but she enjoys exercising a lot more now where she didn't really before. She sees it more like playing. Harry and Hayley they made it fun. I think she sees it more as a positive rather than working out.”

Laura - Parent

“FAST has changed our after school programme at school and has enabled us to engage with families we have struggled to do so in the past”

Neil - Headteacher

“The sessions work really well with the adults and kids, the games and everything we did was simple enough for the kids to understand and also there was enough variety to make it really interesting. My son absolutely loved it and looked forward to it every week.”

James - Parent

“Sessions were great for me and my daughter enjoyed it as well. I think the Activators really managed to get the balance right for kids and parents.”

Stuart - Parent

“I was surprised by the variety of games and how involved my children have got- they love it!”

Caz - Parent

“The best thing about FAST is that it's a good way to encourage time together to get active while not costing money”

Karleen - Parent

“Love our FAST card. It's helped me to teach my children to swim and I'm very grateful”

Shabena - Parent

“I think it's the best programme around and great for the kids. Can't praise enough!”

Samantha - Parent

“The best thing about FAST is families can come together and play games together”

Charile - Parent



Engagement of families and wider messaging

- Excellent engagement with families
- Evaluation required for project
- Additional insight – eg BAME community, Mental Health
- Insight informed change and improved provision

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New Steps and Opportunities

- FAST expanded into You Move – Public Health Funded
- 550 families 1947 individuals
- 26% of You Move participants live in one of the priority wards
- 46% increase in physical activity of children
- Target most in need communities
- **Expand You Move & Move Together - External funding ICB focus on inequalities**



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Low cost and free activities for families to enjoy together!

YouMove is brand new for Oxfordshire, providing low cost and free fun activities for families including weekends & school holidays.

Enjoy a fantastic range of activities including swimming, badminton, activity packs, children's holiday activities & so much more!



Find out more here:



YouMove is here to offer free and low cost activities for children on benefit related free school meals and their families.

It's quick and easy to sign up for YouMove:



1 Visit www.getoxfordshireactive.org/you-move to register or call your local Activator for more information (numbers below)

2 We'll send you a YouMove Welcome Pack and membership cards

3 Your local Activators will be on hand to provide lots of support & advice

4 Enjoy getting active together!

Contact your local Activator today:

Oxford City: 07485 311346

Cherwell District: 01295 221980

West Oxfordshire: 01993 861561

Vale of White Horse: 07801 203571

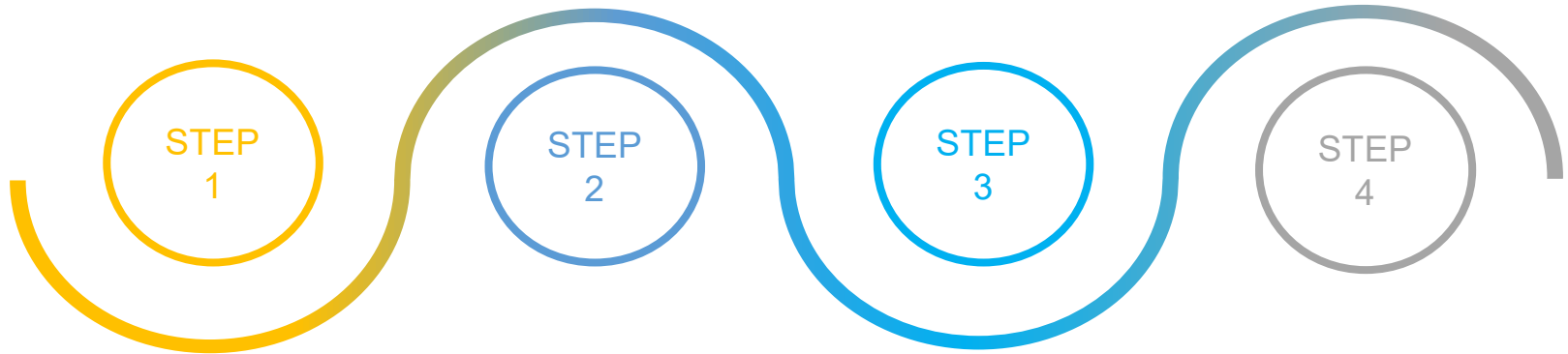
South Oxfordshire: 07717 225679



YOUMOVE

YouMove is funded by Oxfordshire County Council Public Health and co-ordinated by Active Oxfordshire in partnership with district councils.

HOUSING APPLICATION PROCESS



APPLICATION

To register for housing, applicants must apply online via the HomeChoice website

Support is available for those who cannot access the internet

ASSESSMENT

Each new application is assessed to see if they are eligible for housing.

Eligibility includes tests such as proof of ID for nationality and immigration status and local connection

The Housing Allocations Scheme outlines who is eligible

BANDING

Applications are assessed according to a priority level, known as a Band.

There are 4 bands, 1 is the highest need and 4 is the lowest

The criteria for who is assessed in which band is outlined in the Allocations Scheme.

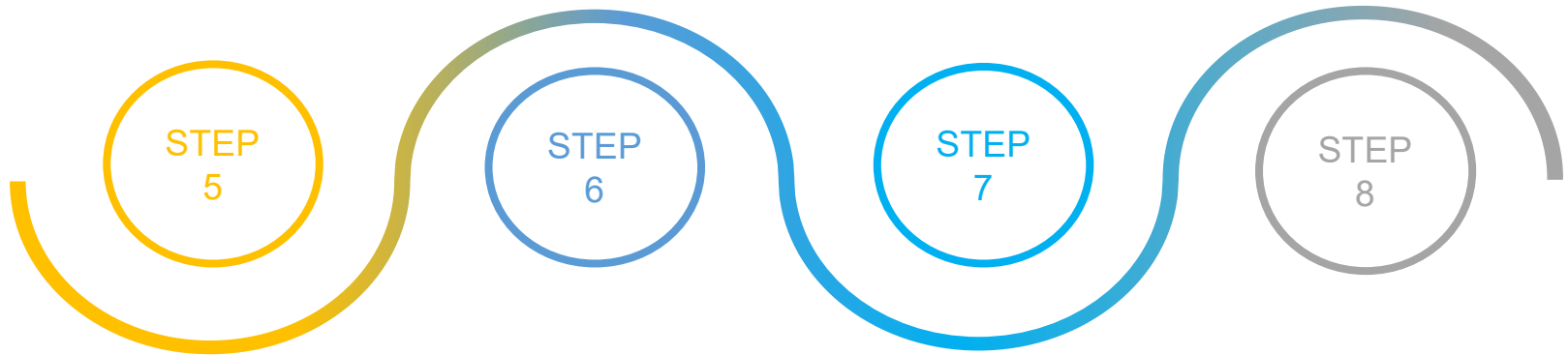
ADVERT

Available properties are advertised on HomeChoice each week, called a “bidding cycle”.

A different list is produced each week.

The properties are a list that are provided to us by Registered Providers.

HOUSING APPLICATION PROCESS



BID

Once applications are assessed and placed in a band, applicants can bid on properties available, based on their household needs.

They can express their interest on up to 3 properties per week.

Auto bidding is available to support applicants that have support needs

SHORTLIST

The system sorts the applicants that have bid by band and waiting time.

The Allocations Team then shortlist a suitable applicant.

NOMINATION

The provisionally successful applicant is then sent to the Registered Provider, who owns the property, for them to make verification checks.

These checks could include affordability and referencing

OFFER

The successful applicant is then offered the property.

A viewing of the property will be arranged with the applicant by the Registered Provider, with a view to signing for the property as their new home